

Not feeling well? Medical emergency?
Know where to go

Urgent care facilities

Please see the attached list of urgent care centers in the area.





Work with a doctor who already knows your medical history and help reduce your health care costs — start with your PCP.

Which to use – primary care provider, ER or urgent care?

For most health issues, your primary care provider (PCP) should be your first call. Whether it's a cold or flu, a cut that might need stitches or a bad sprain, your doctor can offer advice and may even be able to see you that day.

If it's after-hours or you can't get a timely appointment with your PCP, urgent care is an option. But save the ER for life-threatening emergencies.

When to use urgent care

The urgent care center's medical team can care for conditions or needs including:

-  Sprains
-  Ear infections
-  Mild asthma, allergic reactions
-  Cold/flu symptoms, fever, rash
-  Sinus infections, sore throats
-  Animal bites
-  Minor cuts and burns
-  Work-related injuries
-  Digital X-rays

When to use the ER

The ER is equipped to care for you in the event of:

-  Heart attack, chest pain
-  Stroke
-  Severe, sudden pain
-  Severe bleeding
-  Head injuries/ other traumatic injuries
-  Loss of consciousness/ passing out
-  Trouble breathing
-  Sudden eyesight problems (blurriness or loss of vision)
-  Broken bones

Unable to get into your doctor?

Visit one of the convenient urgent care locations listed on the back cover.